

The Louisville Metro Nutrition Program promotes improved health through improved nutrition. Come on in and join your friends for lunch. Activities and fitness programs are encouraged. The meals are catered and delivered hot, Monday through Friday to each center. Reservations are required one day in advance.

Donations are greatly appreciated!

SENIOR NUTRITION SITES

Avenue Plaza

400 S. 8th Street
569-4369

9:00-1:00

Beechmont Community Center

205 Wellington
367-2373

8:30-12:30

Dosker Manor

413 E. Muhammad Ali Blvd
587-8673

9:00-1:00

Fairdale Center

10616 W. Manslick Road
361-7730

9:00-1:00

Fern Creek High School

9115 Fern Creek Road
485-8165

9:00 –2:00

HCM Senior Center

2005 Douglas Boulevard
584-3834

9:00 - 1:00

Hillebrand House

1235 S. Third Street
636-1453

9:30-1:30

Jewish Community (Kosher)

3600 Dutchmans Lane
459-0660

9:00-5:00

Kling Center

219 W. Ormsby Ave.
636-3424

9:00-1:00

Metro East

(Christ Lutheran Church)
9212 Taylorsville Road
797-5767

9:00-1:00

Neighborhood House

201 N. 25th Street
774-2322

9:00-1:00

Oak & Acorn

631 S. 28th Street
778-7418

9:00-1:00

Okolona/Wilderness Rd.

8111 Blue Lick Road
964-5151

9:00-1:00

Pleasure Ridge Park High School

5901 Greenwood Road
485-8550

8:30-1:30

Presbyterian Community Center

701 S. Hancock
584-0201

9:00-1:00

Shawnee Community Center

607 S. 37th Street
775-5268

9:00-1:00

Shawnee High School

4018 W. Market Street
776-7415

9:00-2:00

Shively Center

3901 Wayside Drive
778-2361

8:30-12:30

Sun Valley

6505 Bethany Lane
933-0535

9:00-1:00

UCHM Senior Center

150 S. State Street
893-0346

9:00-1:00

Watson-Powell

1836 Heafer Avenue
244-7610

8:30-1:30

West Buechel

3716 St. Frances Avenue
473-7152

9:00-1:00

Zion/East Audubon

1310 E. Burnett Avenue
635-5610

8:30-12:30

Rural Counties

Multi Purpose Community Action Agency (502) 633-7162

Bullitt, Shelby and Spencer

Tri-County Community Action Agency (502) 222-1349 Ext. 210

Henry, Oldham and Trimble

MEALS ON WHEELS

The Louisville Nutrition Meals on Wheels Program serves approximately 700 hot nutritious meals daily to homebound elderly citizens throughout Louisville Metro. All menus are reviewed by registered dietitians and meet one third of the daily nutritional recommendations. The meals are prepared by Masterson's Restaurant, Jefferson County Public Schools, Caritas Medical and Jewish Community Center. Call **574-6325** for more information.

Adult Day Centers Receiving Nutrition Meals

Fern Creek Highview United Ministries
7502 Tangelo Drive
239-7431

Guardiacare
215 W. Breckinridge Street
584-0454

Highlands Community Ministries
2000 Douglass Boulevard
459-4887

South Louisville Community Ministries
4100 Southern Parkway
368-7989

Southwest YMCA
2800 Fordhaven Road
933-9622

The Meals On Wheels program does not discriminate in employment or in the provision of services on the basis of disability, sex, race, color, religion, age, national origin, sexual orientation or gender identity.



Jerry E. Abramson
Mayor

Louisville Metro Council

This program is funded in part, by the U.S. Department of Health and Human Services and the Kentucky Cabinet for Health and Family Services through a contract with KIPDA. Other sources of income include Louisville Metro Government and private donations.

Call Today
574-6325

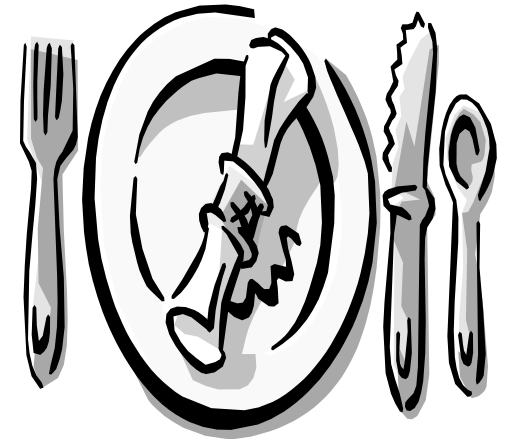
For further information contact:
Louisville Metro Human Services
574-6325

E-mail: Mealsonwheels@loukymetro.org
Website: www.Loukymetro.org/Department/HumanServices/

Cabinet for Health and Family Services
Louisville Metro Human Services
Planning and Training Unit



The Louisville Metro Human Services Nutrition Program



*Here is a great
opportunity to enjoy a
delicious hot lunch with
your friends and
neighbors!*